

# Macclesfield Primary School

Responsibility • Safety • Respect • Success • Caring

Principal: Lynne Noll



Government of South Australia

Department for Education

Luck St

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Term 4 Week 5 Friday 15<sup>th</sup> November

## NEWSLETTER NO. 19

### Week 6

Character strength — Love of learning

**Monday 18/11**

SAK Gardening

**Tuesday 19/11**

Indonesian

**Wednesday 20/11**

Iceblocks - 50c

Kindy transition visits continue

**Thursday 21/11**

Instrumental Music Concert

**Friday 22/11**

SAKG Cooking

Assembly 2.50 pm — Years R/1 hosting

**Sunday 24<sup>th</sup> - Strawberry Fete**

### Week 7

Character strength — Love of Learning

**Monday 25/11**

SRC — Second Hand Book Sale

**Tuesday 26/11**

**Wednesday 27/11**

Iceblocks 50c

Kindy transition visits continue

Year 6 Graduation Dinner

**Thursday 28/11**

Kerry In

**Friday 29/11**

Newsletter

### Instrumental Music Concert

We would like to showcase the achievements of those students who study Instrumental Music through the school at a concert on Thursday 21<sup>st</sup> November. The concert will begin at 2.00pm. Entry is free.



### Materials and Services Charges for 2020

Attached to this newsletter you will find the proposed schedule for Materials and Services for 2020.

These will be discussed and ratified at the next Governing Council meeting on Tuesday 3<sup>rd</sup> December. If you would like to attend for this discussion, you are invited to do so.

In lieu of attendance at the meeting, parents/caregivers can express their views in writing to the Chairperson of the Governing Council prior to the meeting.

### Woolworths 'Earn and Learn'

Thankyou so much to the school and wider community for their effort in collecting the 'Earn and Learn' stickers earlier in the year. Special thanks to Tania Slack for following up when we were forced into holiday deadlines for spending choices. Here's what we received.



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## **ACTING ON MENTAL HEALTH ISSUES IN OUR CHILDREN**

**Acceptance and commitment therapy (ACT) and Adventure Therapy (AT) may be useful in helping the increasing number of children with mental health issues.**

1 in 7 Australians aged 4-17 experience mental health disorders. Worldwide, the number sits between 10 to 20 per cent of all children.

Identifying that current interventions are not adequately addressing this need, Associate Professor Danielle Tracey (and her colleagues Professor Gray, Dr Truong and Dr Ward) of Western Sydney University sought to address this gap through a study using acceptance and commitment therapy alongside adventure therapy.

The new interdisciplinary approach aims to promote the wellbeing of children with challenging behavioural and/or emotional needs.

"The heart of adventure therapy is working with the affordances of the outdoors and experiential learning to strengthen psychosocial development," says Dr Tracey.

"Learning through experience, interaction with nature, dealing with risk, group therapy, and a focus on positive change are all part of adventure therapy."

"Adventure therapy is useful both in its ability to engage children as well as the outcomes it provides.

"Children often prefer the restorative qualities of being outdoors. It offers an alternative to traditional interventions which require children to spend periods of time sitting still, writing or talking."

Acceptance and commitment therapy is a cognitive behavioural therapy that is rising in popularity. Rather than relying on controlling or removing the feelings and thoughts that are causing distress for an individual, ACT focuses on improving one's psychological flexibility. It encourages people to accept that which they cannot control, and focus on their responses to those negative feelings and thoughts and how they might modulate those responses.

The program designed by Associate Professor Tracey and her colleagues was based on interactive and outdoor activities. These included themed nature walks and the use of metaphors to help children identify anger, games working with knots to develop problem solving skills, and the minefield game in which students verbally guide their blindfolded teachers through an imaginary minefield to build trust and respect.

After the program, both teachers and children reported that participants showed the following changes: self-calming through mindfulness, committing to action, enhanced teamwork and ability to trust others, and showing support and respect for others.

*...to be continued*

## **Character Strength**

### **Love of Learning**

With love of learning as a strength, you enthusiastically seek out new information, topics and skills. You feel good when you can build on existing knowledge and/or learn something completely new. People who embrace love of learning do it for its own sake, not for an external incentive.

If you have the strength of love of learning...

- You are thrilled to learn something new
- You see opportunities to learn – anywhere and everywhere
- It is common for your expertise to be valued and sought out by others
- You do not have to be told, or made to learn.

### **SRC Secondhand Book Sale**

Please remember that the SRC will be holding a second hand book sale on Monday 25<sup>th</sup> November.

People have already begun sorting through their unused books to donate and we are storing them at school.

We hope all of our 'bookworms' are able to pick up a bargain.

Nothing will cost more than \$2.

They have also placed a money box in the office for small change. It's amazing how that adds up.



### **Kindergarten to School Transition visits**

We are currently enjoying the company of 11 children who will make up our Reception class in 2020. They come from Meadows Kindergarten, The Willows (Mt. Barker), Echunga Pre-school and Coronation Rd. Kindergarten (Strathalbyn). We hope they enjoy their visits, which increase in length each week.

### **Client Opinion Survey**

A Client Opinion Survey is attached to this newsletter. This gives you the opportunity to give feedback to us, in areas you may not have done already.

The information is used to assist with planning for 2020.

Please complete and return to the Office by Friday of Week 7 (29<sup>th</sup> November)





**Macclesfield Primary  
School** Reception to Year 7

Would like to announce the addition of ...

## **Before School Care!**

**Available from Term 1, 2020.**

**6:30am—8:30am**

**\$23 a session before Child Care Subsidies.**

For further information and registration information please  
contact a member of the administrative team at  
**Macclesfield Primary School on 08 8388 9338.**



Services provided by the wonderful team at Happy Haven.

## MEDIA RELEASE THROUGH THE EYES OF A CHILD



Year 5/6/7  
Students at Macclesfield PS were recently treated to a professional photographic workshop, capturing the imagination of many budding young artists.

Every year the Moran Arts Foundation provides **free photographic workshops** in city, country and remote schools across all corners of Australia. Run by professional photographers, the workshops are an ideal way to foster creativity amongst school students. By encouraging students to be imaginative and creative they build valuable skills and confidence.

Each student receives a digital camera to use for the day. The workshop explores the art and technique of photography, a form of visual storytelling. Five of each student's favourite photographs are printed to keep as a souvenir of the day and favourite images are entered in the Moran Contemporary Photographic Prize which has over \$20,000 worth of prize money. Digital cameras are awarded to primary school finalists. There has been an unprecedented number of school entries in recent years with finalists work exhibited at Juniper Hall, Paddington, Sydney and on the website [moranprizes.com.au](http://moranprizes.com.au).

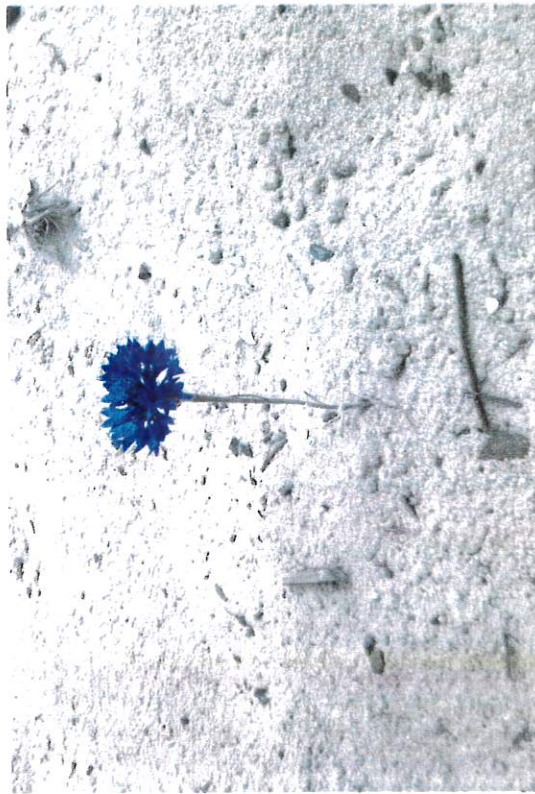
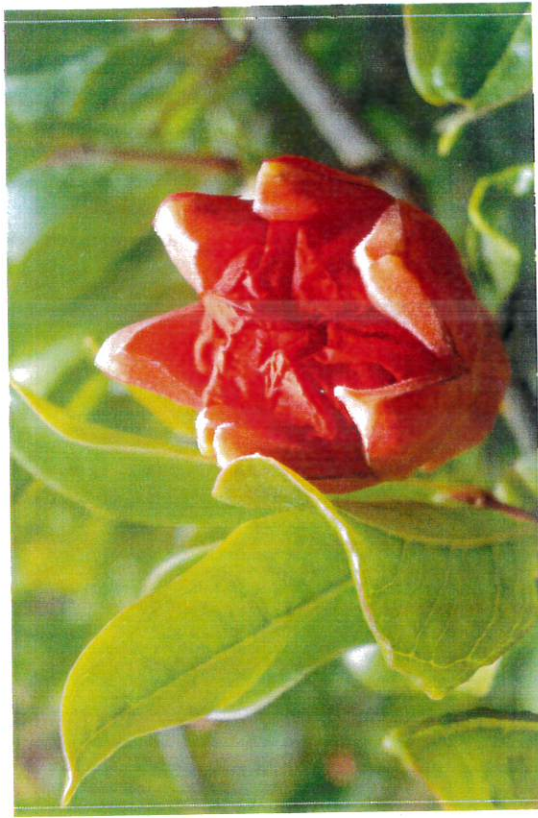
*It's a real privilege judging the student photography. Every image brims with action, colour and life. There's always a few special ones that stand out .....I was impressed with the photographers' willingness to get amongst the action."* Comment from 2016 Moran Contemporary Photographic Prize Student Category Judges.

The Moran Arts Foundation is a philanthropic, not-for-profit organisation whose objective is to support the arts in Australia through the Moran Prizes, Moran Galleries and School Photographic Workshops. More information is available at [moranarts.org.au](http://moranarts.org.au).



Moran Arts Foundation  
13-15 Bridge Street, Sydney NSW 2000  
Ph: 02 9357 5222  
[info@moranarts.org.au](mailto:info@moranarts.org.au)  
[moranarts.org.au](http://moranarts.org.au)

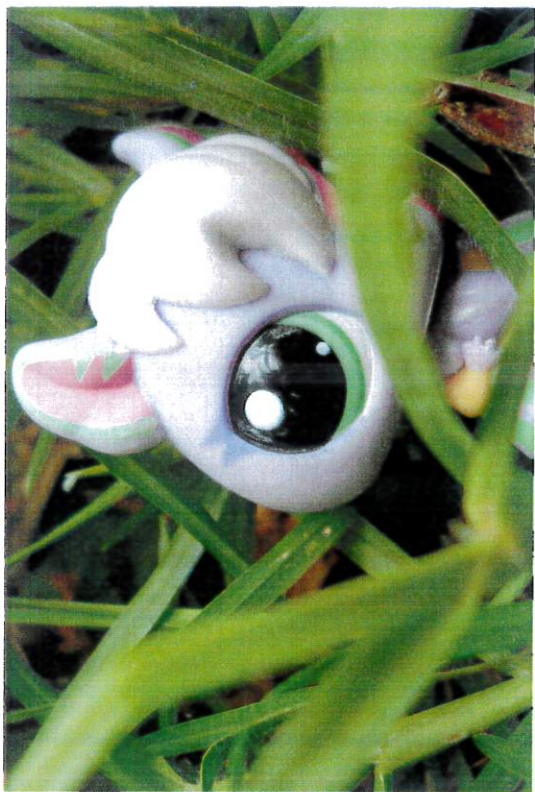




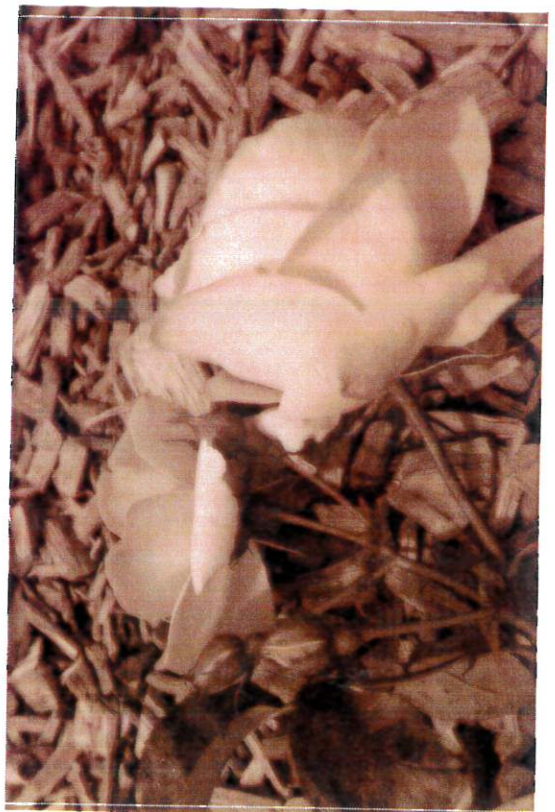
A Collection of  
Student Photos

Year 5/6/7

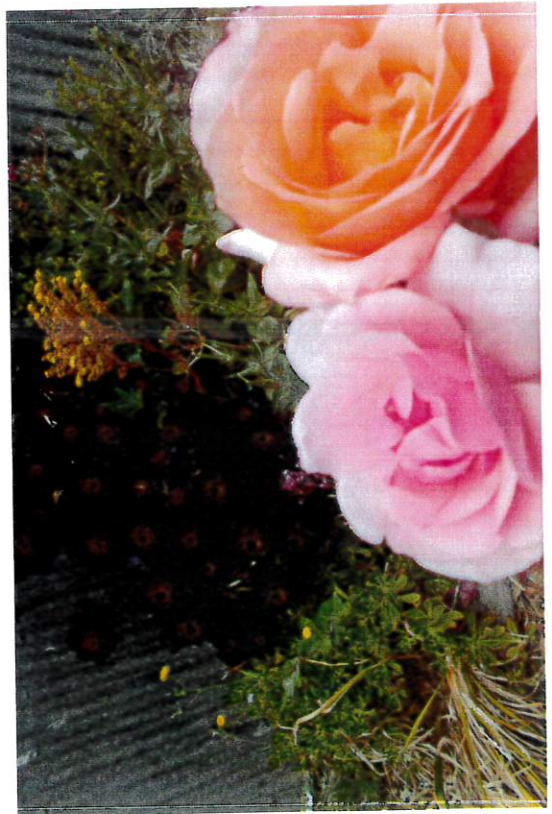




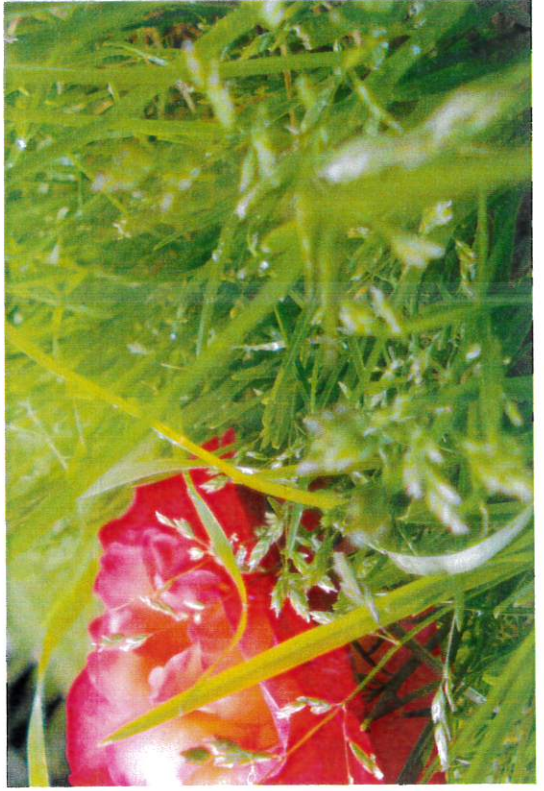
















Macclesfield Primary School - 0239		
Notice of Materials and Services Charges for 2020		
Notice of Charges for Reception To Year 7		
HEADING	ITEMS AND SERVICES	COST (\$)
Printed and electronic materials related to the educational program and which are provided for the student	Workbooks	\$50.00
	Text Book Hire / E-Book Access	\$30.00
	Photocopied Material	\$40.00
	<b>SUBTOTAL (ZPREM )</b>	<b>\$120.00</b>
Stationery items that are provided for the student	Stationery Items	\$50.00
	Other [please Specify]	\$0.00
	Other [please Specify]	\$0.00
	<b>SUBTOTAL (ZSTAT)</b>	<b>\$50.00</b>
Materials and Services that are provided by the school for the student to consume or use the materials or take ownership of a finished article produced by the student with the materials	Access to Student Information Technology	\$30.00
	Access to Machinery	\$0.00
	Access to Equipment	\$0.00
	Curriculum/Subject Supplies and Services	\$30.00
	Other [please Specify]	\$0.00
	Other [please Specify]	\$0.00
	<b>SUBTOTAL (ZACMS)</b>	<b>\$60.00</b>
Materials for inclusion in the school library and to enable use by the student	Library resources including access to borrowing library resources	\$30.00
	<b>SUBTOTAL (ZACLI)</b>	<b>\$30.00</b>
<b>Total Materials and Services Charge (excluding Subject Charges)</b>		<b>\$260.00</b>

These subject charges are in addition to the Materials and Services Charge above for those students undertaking the following subjects.

Subject Description	Cost (\$)
	\$0.00
	\$0.00
	\$0.00
	\$0.00
	\$0.00



## Parent Club



Parent Club will again be holding a Christmas stall during the final week of term.

The stall will be open at lunch time and after school, Tuesday-Thursday, allowing the children an opportunity to purchase small, inexpensive gifts for the special people in their lives.

Flyer to follow shortly.

And...



Parent Club will be holding a family dinner this semester in lieu of the breakfast, on Thursday 12th of December from 5pm.

We feel this will enable parents an opportunity to attend who's work commitments mean they miss the breakfast held in semester one.

Let's enjoy the nicer weather and daylight savings with each other's company by bringing a dish to share.

Parent club will provide the sausage sizzle.





Parent Club is requesting a donation of baked goods, to be sold at our stall at the upcoming Strawberry Fete on the 24th November, and volunteers to help man the stall.

Volunteers will be required from 10am-4pm, a roster will be available in the front office from Monday the 11th November.

If you are able to help out for an hour please place your name in an available space.

Baked goods are to be brought to the school on Friday 22nd November (please leave items with Fiona in the front office) or directly to the stall on the day.

Parent Club would like to take the opportunity to thank you in advance for your cooperation and support!



## Parent Club's Stall volunteer roster

10am		
11am		
12pm		
1pm		
2pm		
3pm		
4pm		

Thank you again for your cooperation and support!



# Parent Opinion Survey



Please rate the items below	Strongly disagree	Disagree	Neither agree or disagree	Agree	Strongly agree
Teachers at Macclesfield Primary School expect my child to do his/her best					
Teachers at Macclesfield Primary School provide my child with useful feedback about his/her work					
Teachers at Macclesfield Primary School treat children fairly					
Macclesfield Primary School is well maintained					
My child feels safe at school					
I can talk to my child's teacher about my concerns					
Student behaviour is well managed at Macclesfield Primary School					
My child likes going to Macclesfield Primary School					
Macclesfield Primary School looks for ways to improve					
Macclesfield Primary School takes parents' opinions seriously					
Teachers at Macclesfield Primary School motivate my child to learn					
My child is making good progress at Macclesfield Primary School					
My child's learning needs are being met at Macclesfield Primary School					
Macclesfield Primary School works with me to support my child's learning					